



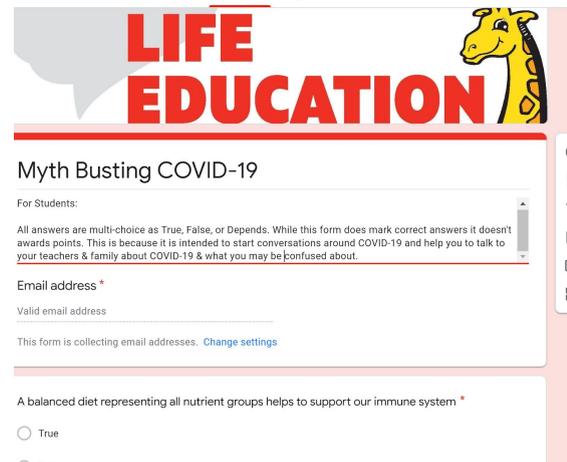
COVID-19 MYTH BUSTING

Life Education has been developing COVID-19 specific resources that can be used by your school, for both distance learning or in the classroom.

These resources are suitable for Y3 upwards, with two versions - one aimed at Y3-5 students and the other at Y6-8 students. While we have provided rough age guides either could be used with your students, depending on the best fit.

Distance Learning Resource: Myth Busting Quiz

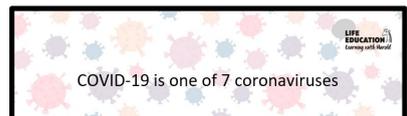
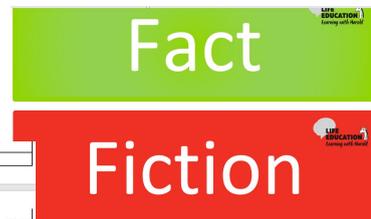
This is an online quiz, using the Google Forms tool or app. It is editable, enabling schools and teachers to customise the quiz to reflect school community needs and any developments in our understanding of COVID-19. The quiz is self-marking, teachers can access the results to see how their students have done. Don't worry - if you are unfamiliar with this platform, we can send you instructions and advice - all teachers need is access to a gmail account. Your students do not need to have a google account to access the quiz.



Class Resource: Fact or Fiction Sort

This COVID myth busting activity is based around statements that students can sort as True or False. Everything you need for this resource will be provided as a PDF. To support teachers there is an answer table with links to further information and explanations.

STATEMENT	ANSWER	EXPLANATION
Washing your hands for 10 seconds or more without soap or disinfectant kills the virus that causes COVID-19.	False	Handwashing with soap and water for at least 20 seconds is the most effective way to prevent the spread of COVID-19. Soap and water break down the virus's outer shell, making it easier to wash away.
Wearing your face mask will stop and prevent the virus from spreading to others.	True	Wearing a face mask can help prevent the virus from spreading to others. It is most effective when worn by everyone in the community.
COVID-19 spreads through the air from people who are coughing or sneezing.	True	COVID-19 spreads through the air from people who are coughing or sneezing. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are talking.	True	COVID-19 spreads through the air from people who are talking. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are singing.	True	COVID-19 spreads through the air from people who are singing. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are shouting.	True	COVID-19 spreads through the air from people who are shouting. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are laughing.	True	COVID-19 spreads through the air from people who are laughing. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are crying.	True	COVID-19 spreads through the air from people who are crying. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are yawning.	True	COVID-19 spreads through the air from people who are yawning. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are sneezing.	True	COVID-19 spreads through the air from people who are sneezing. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are coughing.	True	COVID-19 spreads through the air from people who are coughing. It can also spread through contact with surfaces that have been touched by an infected person.
COVID-19 spreads through the air from people who are talking.	True	COVID-19 spreads through the air from people who are talking. It can also spread through contact with surfaces that have been touched by an infected person.
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Please note: all the information for these resources has been taken from the WHO recommendations and are in line with current research and our own government's guidelines.

Both the distance learning and class resources have been developed to be used in a variety of ways, for example as:

- ★ a one-off, stand-alone activity
- ★ a starting point for further discussion or learning (the resources enable teachers and schools to identify any areas of confusion or where there is a lack, or low level, of understanding)
- ★ a way to identify possible topics to be covered in your Health curriculum or upcoming Life Education programme, such as hygiene, taking care of our basic needs, understanding viruses and how our immune system responds, how vaccines work, body systems including the respiratory system and components of the blood, fake news tying in with choices made online, resilience, mental health and wellbeing.

If you would like to access these resources please feel to get in touch with us:

To contact Charlie Pollard click [here](#)

To contact Jenni Gilbertson click [here](#)

